

News from the Office

Attendance Line: 720-424-3954

Main office: 303-756-0392

Sept 17, 2009

New Attendance Line

Southmoor has a new attendance line: **720-424-3954**.

Please call this number when reporting absences. This mailbox will NOT be checked after 9:30 a.m. so if you are late in reporting an absence or receive an automated message regarding an absence, please call the main office number: 303-756-0392.

Thank you for your cooperation.



<http://southmoor.dpsk12.org>

No School
Tomorrow
September 18th

Benchmark Assessment Day

Important Dates

NO SCHOOL	9/18
SPIE Meeting, 4 p.m.	9/24
Donuts for Dads	10/1
Student Count Day	10/1
Moose is Loose Walk	10/3
PTA Meeting, 4 p.m.	10/6
CSC Meeting, 6:15 p.m.	10/13
Early Release: 12:45	10/16
Parent/Teacher Conferences	10/20-22

PHOTOGRAPHERS WANTED!!!

The yearbook staff is looking for photographers to represent each classroom this year.



With 450+ kids in the school, it is difficult for our small staff to get all those great candid photos of each and every classroom, so we are asking for your help. All you have to do is take photos of the children in your kid's class...on the playground, on field trips, in class, at specials, at parties... then load them onto a disc and bring them to the office.

Don't want to be the designated photographer, but still have great photos to share? Bring them in!! We will use as many as we can get!

If you are interested, please contact Martha McCannon

m.mccannon@comcast.net, or Kelly Paolini barfolini@comcast.net.

We look forward to hearing from you and seeing your fabulous pictures!

ABC Fundraiser Update

Remember to show your friends and family our Fundraising catalog over the long weekend.

Great News! We are proud to announce an additional prize for the classroom that sells the most: a free Pop-in Playtime Pass from Pump-it Up! Thanks to the Pina Family for this fun donation.

Note: If you have sold any magazines through our ABC Distributing catalog, there may be some confusion. All the magazines with the same price have the same item number. This is because the person who buys a magazine subscription will receive a voucher from which they choose their magazine. It's simple!

There's still time to sign up to be part of the . . .

SPREE Force River Sweep

A fun day of helping to clean up the South Platte River.

When: Saturday, September 26, 2009. 8:00 am to 12:00 pm
RSVP online at: <http://www.spreeweb.org/rsvp> or call (303) 743-9720 ext 801. *Lunch will be provided!*

For more information on the Greenway Foundation and the River Sweep, visit www.greenwayfoundation.org/home/riversweep.html

South Platte River Environmental Education

Attention 4th and 5th graders!

If you are interested in running for Student Council, please come to an informational meeting on Tuesday September 29th at 8:30 in Room 1. *Student Council will be a leadership team who will be responsible for coordination and monitoring service learning projects for Southmoor Elementary.* Look for flier coming home today.

PHYSICAL WELLNESS

Fourth or Fifth Grade Parents

Your student will be bringing home a ***My Activity Log*** book soon. The U.S. Department of Education is asking our students to provide data on the number of minutes of physical activity they are receiving each week for a total of five weeks. A detailed information sheet will accompany it and their classroom teacher will collect each past weeks ***Activity Record Sheet*** on Mondays. The program will begin Sunday, September 27th and conclude on Halloween. I really appreciate your help and hope you participate along with your child!

New Curriculum

(If you haven't heard!) In July, Denver Public Schools was awarded the Carol M. White Physical Education Program (PEP) grant from the Office of Safe and Drug-Free Schools for the "On the Move" Elementary School Program. Southmoor was selected to be one of the first schools to receive over \$7000 in new equipment and curriculum materials. A main part of the new curriculum is entitled SPARK (Sports, Play & Active Recreation for Kids). The original SPARK study was funded in 1989, by the Heart, Lung, and Blood Institute of the National Institutes of Health, to help reduce cardiovascular disease risk factors (e.g., obesity, high blood pressure, sedentary lifestyle) that often begin in childhood. I'm very excited to learn about and implement new activities/lessons with your student this school year and feel the program mimics my past curriculum goals

Proper Footwear

Please send your child to school ***EVERY DAY*** with tennis type shoes. Children can move better and safer with shoes designed for running. Crocs, sandals & dress shoes inhibit a child's best effort. If a student has inappropriate shoes, for safe movement, in P.E. class, they will have to be a spectator or spend the class period walking around the play area. Make your child's day, and mine as well, by sending them to school with proper footwear for efficient and safe movement everyday.

Southmoor Scamper Jogging Club Is Adding Thursdays!

The fall after school jogging club has begun and due to strong interest, we will be running Tuesday and Thursdays through November 24th. Family members are welcome to join us too! We begin at 3:45 p.m. on the upper field track and run for about 20 minutes. If your child will be attending, please email me at school or send a note with your child. Also, please be prompt in picking your student up at school by 4:10 p.m. If anyone has interest in being the "official" recorder of the Southmoor Scampers lap count (sounds prestigious?), let me know because I would like to participate along with the kids.

How To Help Kids Sleep Better

A study in the journal *Archives of Disease in Childhood* came to the following conclusion: Active children fall asleep faster and sleep longer than children who get less exercise. The study found that it took an average of 26 minutes for a child to fall asleep. But for every hour a youngster was inactive during the day, it took three minutes longer. For active children, it worked the other way: The more activity, the less time it took to fall asleep.

In reality, an active lifestyle positively affects any and all parts of your life. *Get Active & Stay Active!*

Live Well,

Joseph Bazzanella